



Christopher D. Pochebit DMD

9 Sanborn Street  
Portland, ME 04103  
207-878-3100  
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WELCOME

Thank you for contacting our office. We welcome you into our practice and look forward to caring for your dental needs. We hope that you will be pleased with our efforts on your behalf and with the consideration and friendliness of our staff.

In our preventive oriented practice we attempt to correct your dental problems before they become complicated and make sure that you know what you can do at home to prevent tooth decay and gum disease. Proper treatment, good home care and periodic examinations can maintain the health of your mouth for a lifetime.

After our examination we will recommend a course of treatment. Alternative procedures sometimes need to be discussed before choosing the best course of treatment. Please feel free to ask us about anything you do not understand.

APPOINTMENTS & CANCELLATIONS

All visits are by appointment. We ask that you please be prompt and not miss your reserved time. If you must cancel, we require a minimum of one full business day's notice. This will allow us time to give someone else the opportunity to schedule their dental needs.

**We reserve the right to charge a fee up to 50% of the total amount of the scheduled treatment for an appointment cancelled or broken without the 24 hours advance notice.**

PAYMENT INFORMATION

**PAYMENT FOR ALL SERVICES WILL BE MADE AT THE END OF EACH VISIT.**

Cash, checks, debit and credit cards are all accepted. Treatment requiring laboratory work, such as lab Crowns, Bridges, Dentures, Appliances, etc. **will require a deposit of one-half the fee before treatment and the balance is due upon completion.** Cerec crowns are an exception, as they are completed in office in a single day and will need to be paid in full that day. If you have dental insurance, your co-payment (percentage your insurance does not pay) will be required **WHEN SERVICES ARE RENDERED!** Our office generates insurance forms and will be happy to process the original claim form for you. Please remember, however, the policy is between you and the insurance company and after a period of **SIX WEEKS**, if the claim has not been paid, the balance becomes your responsibility. Regardless of what insurance does/doesn't pay **you are ultimately responsible** for the balance. Also, as we have a number of insurance plans in our computer system, it is impossible to know all of the details of every plan and it is your responsibility to be aware of the particulars.

*Once again, welcome to our practice and thank you for taking the time to complete the attached general information and health forms.*

**I HAVE READ AND UNDERSTAND THE ABOVE:**

**Patient's Name (printed):** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Patient:** \_\_\_\_\_  
**(Signature of Parent/Guardian if a Minor:)** \_\_\_\_\_



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### General Information

| PATIENT INFORMATION   |  |  |              |  |   |                     |                         |     |
|---|--|--|--------------|--|---|---------------------|-------------------------|-----|
| Patient's Last Name,  |  | First  | Middle       | Title (circle one)<br>Mr. Mrs. Miss Ms. Dr.                          | Marital Status (circle one)<br>Single Mar Div Sep Wid |                     |                         |     |
| <b>** Please circle your preferred method of contact (home phone, work phone, cell phone or email) **</b> |  |  |              |  |   |                     |                         |     |
| Home Phone No.<br>( )   |  | Work Phone No. (Include Ext.)<br>( )         |              | Cellular No.<br>( )  |   |                     |                         |     |
| Email Address   |  |  |              |  |   |                     |                         |     |
| Street Address  |  |  | City         | State  | Zip Code  | Social Security No. | Date Of Birth           |     |
| Mailing Address (if different than above)   |  |  |              | City   | State   | Zip Code            | Sex (circle one)<br>M F | Age |
| Whom May We Thank For Referring You To Us?  |  | Employer OR (If College Student) School Name |              | Name & Phone No. Of Nearest Relative Or Emergency Contact<br><br>( ) |   |                     |                         |     |
| FINANCIAL INFORMATION   |  |  |              |  |   |                     |                         |     |
| Name Of Person Financially Responsible For The Account (i.e. self, parent, spouse, other)                 |  |  | Relationship |  | Spouse's Name   |                     |                         |     |
| Address (if different than above)   |  |  | City         | State  | Zip Code  | Social Security No. | Date Of Birth           |     |
| Is This Person A Patient In Our Office? (circle one) Yes No   |  | Home Phone No.<br>( )                        |              | Work Phone No. (Include Ext.)<br>( )                                 |   |                     |                         |     |



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**Insurance Information**

|                             |              |               |                      |
|-----------------------------|--------------|---------------|----------------------|
| <b>Patient's Last Name,</b> | <b>First</b> | <b>Middle</b> | <b>Date Of Birth</b> |
|-----------------------------|--------------|---------------|----------------------|

**PRIMARY DENTAL INSURANCE INFORMATION**

|   |   |                            |                                 |
|---|---|----------------------------|---------------------------------|
| <b>Primary Insured/Subscriber's Full Name</b> | <b>Relationship To Patient</b>              | <b>Social Security No.</b> | <b>Date Of Birth</b>            |
| <b>Employer Name</b>                          | <b>Work Phone No. (Include Ext.)</b><br>( ) | <b>Address Of Employer</b> |                                 |
| <b>Insurance Company Name</b>                 | <b>Insurance Company Address</b>            | <b>City</b>                | <b>State Zip Code</b>           |
| <b>Insurance Company Phone No.</b><br>( )     | <b>Subscriber ID No.</b>                    | <b>Employer Group No.</b>  | <b>Annual Deductible Amount</b> |

**SECONDARY DENTAL INSURANCE INFORMATION (if applicable)**

|   |   |                            |                                 |
|---|---|----------------------------|---------------------------------|
| <b>Secondary Insured/Subscriber's Full Name</b> | <b>Relationship To Patient</b>              | <b>Social Security No.</b> | <b>Date Of Birth</b>            |
| <b>Employer Name</b>                            | <b>Work Phone No. (Include Ext.)</b><br>( ) | <b>Address Of Employer</b> |                                 |
| <b>Insurance Company Name</b>                   | <b>Insurance Company Address</b>            | <b>City</b>                | <b>State Zip Code</b>           |
| <b>Insurance Company Phone No.</b><br>( )       | <b>Subscriber ID No.</b>                    | <b>Employer Group No.</b>  | <b>Annual Deductible Amount</b> |

**MEDICAL INSURANCE INFORMATION**

|   |   |                            |                                 |
|---|---|----------------------------|---------------------------------|
| <b>Primary Insured/Subscriber's Full Name</b> | <b>Relationship To Patient</b>              | <b>Social Security No.</b> | <b>Date Of Birth</b>            |
| <b>Employer Name</b>                          | <b>Work Phone No. (Include Ext.)</b><br>( ) | <b>Address Of Employer</b> |                                 |
| <b>Insurance Company Name</b>                 | <b>Insurance Company Address</b>            | <b>City</b>                | <b>State Zip Code</b>           |
| <b>Insurance Company Phone No.</b><br>( )     | <b>Subscriber ID No.</b>                    | <b>Employer Group No.</b>  | <b>Annual Deductible Amount</b> |

I authorize Portland North Dental Associates to bill my dental claims to my insurance company on my behalf and authorize any applicable payments directly to their office.

\_\_\_\_\_  
*SIGNATURE OF PATIENT (PARENT IF A MINOR)*

\_\_\_\_\_  
*DATE*



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### Health History Questionnaire

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

| MEDICAL HEALTH INFORMATION |       |        |                                     |                              |
|----------------------------|-------|--------|-------------------------------------|------------------------------|
| Patient's Last Name,       | First | Middle | Primary Care Physician Name & Town: | Preferred Pharmacy And Town: |
| Patient's DOB:             |       |        | Month/Year of Last Physical:        |                              |

\*\*\* Please Check Each Box Below If The Answer Is OR Has Ever Been: "YES" (Leave Blank If "NO") \*\*\*

|   |                      |   |                      |
|---|----------------------|---|----------------------|
| ↓ ANY OF THESE HEART CONDITIONS:<br>Heart Disease<br>Artificial Valve<br>History of Heart Attack<br>Congenital Heart Defect<br>Atrial Fibrillation<br>Mitral Valve Prolapse<br>Heart Murmur<br>Pace Maker<br>Congestive Heart Failure | HIGH Blood Pressure  | Diabetes  | Chronic Sinus        |
|   | LOW Blood Pressure   | Asthma  | Chronic Ear Problems |
|   | Circulatory Problems | Epilepsy  | Kidney Problems      |
|   | Stroke               | Cerebral Palsy  | Tuberculosis         |
|   | Anemia               | Arthritis   | Nervous Condition    |
|   | Excessive Bleeding   | Osteoporosis  | Anxiety/Depression   |
|   | Joint Replacement    | <b>**IF "YES," Are You Taking Bone Density Medications? YES/NO (If "Yes," List Below)</b> | Scarlet Fever        |
|   | Organ Replacement    |   | Rheumatic Fever      |
|   | Radiation Treatments |   | HPV 16/18            |
|   | Malignancies         |   | Venereal Disease     |
| Hepatitis   |                      | HIV Positive (Optional)   |                      |

|  |   |
|--|---|
| <b>Do You Use Tobacco Products?</b><br>Smoke: NO / YES - _____ Packs/day<br>Smokeless: NO / YES<br>Do You Have A History Of Use? If Yes, Please Explain: | <b>Do You Currently Vape?</b> NO / YES<br><br><b>Do You Currently Use Cannabis Products?</b> NO / YES<br>If Yes, In What Form(s) And Frequency? |
|--|---|

Are You Allergic To: (circle all that apply)  
 Penicillin    Latex    Local Anesthetic (Novocain, Etc)    Other(s):

Have You Ever Been Advised To Take A Premedication (Antibiotic) Prior To Your Dental Visits Due To A Joint Replacement Or Heart Condition? NO / YES    If Yes, Please Explain:

Please List All Medications You Currently Take (Include Over-The-Counter And Herbal Supplements):

Please List Any Other Medical Conditions/Health Complications That You Feel The Doctor Should Be Aware Of:

Have You Had The Gardasil Vaccine? NO / YES  
 Are You Pregnant? NO / YES (Due Date: \_\_\_\_\_)    Nursing? NO / YES  
 Are You Taking Birth Control Pills? NO / YES    Other Chemically Based Form Of Birth Control? NO / YES

| DENTAL HEALTH INFORMATION   |                                    |                         |                     |               |
|---|------------------------------------|-------------------------|---------------------|---------------|
| Name Of Previous Dentist  | Address                            | City                    | State Zip           | Phone No. ( ) |
| Date Of Last Visit?   | When Were Your Last Dental X-Rays? |                         |                     |               |
| Are Your Teeth Sensitive To: (circle all that apply)  | Heat                               | Cold                    | Sweets              | Chewing       |
| Have You Had Any Injuries To The Mouth Or Jaw?  | NO / YES                           | If Yes, Please Explain: |                     |               |
| Please List Any Previous Dental Experience Or Current Dental Concerns You Would Like The Doctor To Be Aware Of: |                                    |                         |                     |               |
| Have You Ever Been Treated For:   | Orthodontics                       | TMJ Disorder            | Periodontal Disease | Oral Surgery  |



\_\_\_\_\_  
SIGNATURE OF PATIENT (PARENT IF A MINOR)

\_\_\_\_\_  
DATE

# Portland North Dental

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## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

**\*\* You May Refuse To Sign This Acknowledgement \*\***

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I, \_\_\_\_\_, have been offered and/or received a copy of Portland North Dental Associate's Notice of Privacy Practices.

As parent and personal representative for my minor child/children, I acknowledge receipt of the notice of privacy practices for (please **print** full names of all applicable children):

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
**Signature** Of Patient and/or Guardian of Above

\_\_\_\_\_  
**Date**

-----**For Office Use Only**-----

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- |   |   |
|---|---|
| <input type="checkbox"/> Individual refused to sign                                     | <input type="checkbox"/> An emergency situation prevented us from obtaining acknowledgement |
| <input type="checkbox"/> Communication barriers prohibited obtaining the acknowledgment | <input type="checkbox"/> Other (Please Specify) _____                                       |